AL-KISA FOUNDATION

UNDER THE CLOAK OF GUIDANCE AND MERCY

Arbaeen

PROJECT BOOKLET

1441 AH | 2019

Imam Ja'far as-Sadiq (a):
Verily, Fatimah (a), daughter of Muhammad (s), attends the vistitors of her son Husain (a), and seeks Allah's forgiveness for their sins.

Kāmil al-Zīyārat

Please recite a Fatihah for the marhoomeen
of the Rashid and Khan families, the
sponsors of this project booklet.

Visit **kisakids.org/islamic-projects** for more project booklets,
and go to **kisakids.org/donate** to help us continue our efforts.
Please recite a Fatihah for the marhumin of those
who contributed to this booklet.

INFORMATION AND INSPIRATION:

www.islamicinsights.com/religion/the-five-signs-of-a-believer.html.
http://www.askthesheikh.com/is-arbaeen-walk-to-karbala-an-innovation/
www.al-islam.org
al-Amaali al-Mufid 4th assembly, h. 8

http://www.islamfromthestart.com/2015/11/stand-for-truth.html
https://members.10minutesofqualitytime.com/product/jesus-walks-on-water-craft/
https://thecraftingchicks.com/paper-house-craft/

بِسۡمِ اللّٰہِ الرَّحۡمٰنِ الرَّحِیۡمِ

Salāmun ʿAlaykum,

May Allah bless us, our families, and our communities.

Our sincerest condolences to the Imām of our time, Imām al-Mahdī (aj), our great Marājiʿ and scholars, the Muslim Ummah, and all the believers on the Arbaʿīn of Imām Ḥusayn (ʿa) and the shuhadah of Karbalāʾ.

Imām Ḥasan al-ʿAskarī (ʿa) has said, “The signs of a muʿmin (believer) are five,” one of which is reciting the ziyārah of Imām Ḥusayn (ʿa) on Arba’īn. So, why has Ziyārat al-Arba’īn been especially mentioned as a sign of a muʿmin? In Ziyārat al-Arba’īn, we say:

وَبَذَلَ مُهْجَتَهُ فِيكَ لِيَسْتَنْقِذَ عِبَادَكَ مِنَ لْجَهَالَةِ

“...and [he] sacrificed his soul for You, to save Your servants from ignorance…”

The shuhadah of Karbalāʾ wrote a page in history when they sacrificed their lives on ‘Ashūrā. Then, on the 20th of Ṣafar, when the caravan of Imām Ḥusayn (ʿa), led by Imām as-Sajjād (ʿa) and Sayyidah Zaynab (ʿa), arrived in Karbalāʾ from Damascus, they accomplished something else. Instead of just going to Mādīnah, they came to Karbalāʾ for tajdeed, to renew their promise to Imām Ḥusayn (ʿa), the promise to spread the message of Islam, of haqq and truth, to the world.

On this day, Jābir ibn ‘Abdullāh al-Anṣāri performed the first visit, ziyārah, of the grave of Imām Ḥusayn (ʿa). When Jābir was pouring out his heart to Imām Zayn al-‘Ābidīn (ʿa), he said, “My Imām (ʿa)! Only a few people are with you and haqq today.” The Imām (ʿa) replied, “Don’t look at just today; I see that the ones who support haqq in the future are many.” He was talking about us! Today, no one is talking about Yazīd or those who fought against Imām Ḥusayn (ʿa). Instead, tens of millions of people visit the shrine of Imām Ḥusayn (ʿa) and the shuhadah in Karbalāʾ on Arba’īn. It is one of the largest gatherings in the world, even larger than Ḥajj. The day of ‘Ashūrā was to help us come out of the darkness of ignorance and into the light of guidance. The day of Arba’īn is a renewal of our promise to stay with haqq, and to show that we have not gone back into the darkness. My humble request to all of the parents and teachers is to communicate this message to the children.

In honor of Arba’īn 2019/1441, we are pleased to launch the fourth annual Arba’īn Project Booklet. This booklet includes five lesson plans that have been put together in collaboration with scholars and educators. We pray these projects increase the love of the Ahl al-Bayt (ʿa) in our children and instill in them the desire to perform ziyārah of Abā ʿAbdillāh, inshāʾAllāh.

Our humble request is to create a two-way connection by all of us sharing our expertise and experiences and avoiding duplicated work, in order to maximize our potential. Please share your ideas, experiences, and successes with us, so that together, we can all move forward and build a global network, InshāʾAllāh

Please remember in your duʿāʾs all of the muʿminīn who are embarking upon ziyārah this year and for the whole Muslim Ummah, and bring awareness to your children so they can prepare for the ẓuhūr of Imām al-Mahdī (aj). Talk to them about everything that is happening in the world, especially to our Muslim brothers and sisters and the children who are being oppressed all around the world in Burma, Yemen, Syria, Kashmir, Palestine, Bahrain, Iraq, Afghanistan, India, Pakistan, and everywhere else.

We pray that Allāh gives us the tawfīq to actualize our duties and responsibilities.

JazākAllāh and Best Wishes,
Nabi R. Mir (Abidi)
Resident ʿĀlim of SABA Islamic Center

Introduction to Arbaeen

OBJECTIVE:

Children will be introduced to Arbaeen, how important it is, and learn about the significance of 40 days.

SUGGESTED AGES: 5+

TIME: 35 Minutes

MATERIALS:

- Flag template
- Colored pencils/crayons
- Scissors
- Straw/unsharpened pencil
- Glue/tape

ISLAMICPROCEDURE:

1. **SAY:** Salaamun Alaikum! We are in the second Islamic month. Today we are going to talk about a special day called Arbaeen. Who knows what the day of Arbaeen is? (Wait for answers)

2. **SAY:** Mashallah! Arbaeen is the 40th day after the shahadah of Imam Husain (a) and the shuhadah of Karbala. For the past 40 days we have been remembering the shuhadah of Karbala and talking about their journey. So how important is Arbaeen? Our 11th Imam, Imam al-Askari (a) has said, "The signs of the believer are five: praying 51 rak'ah [including mandatory and optional prayers], Ziyaarat al-Arbaeen, wearing a ring on the right hand, prostration on dirt, and saying 'Bismillahir Rahmaanir Raheem' in a loud voice."[1] If the Ziyaarat of Arbaeen is a sign of a believer, then there is something special about it, and we should pay attention and learn the meanings. For example, one of the lines from the ziyaarah is, "[Imam Husain (a)]...sacrificed his soul for [Allah], to save [Allah's] servants from ignorance…" This tells us that Imam Husain's (a) sacrifice was to save Islam. As true believers who follow the Ahlul Bayt (a), we should try our best to follow their teachings. What else can we do to show our love for Imam Husain (a) and the Ahlul Bayt (a)? (Wait for answers)

3. **SAY:** Great answers! Today we are going to make a special flag to remember Imam Husain (a) on Arbaeen.

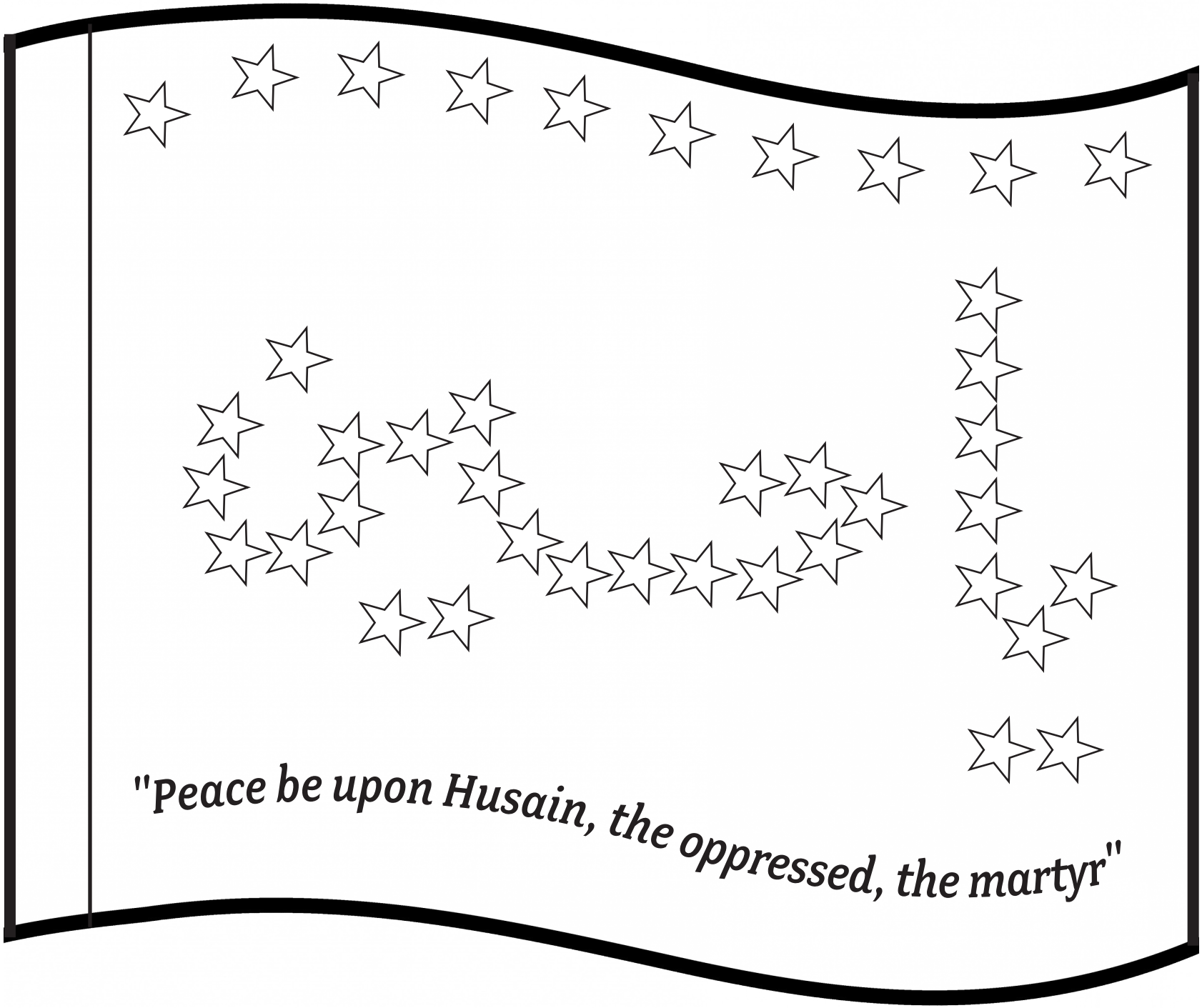
4. At this time, hand out the Flag template. Have the children number all of the stars on the flag (including the ones at the top). There should be 40.

5. Then let the children color and decorate the flag however they like.

6. Have the children cut out the flag.

7. Now, help the children glue or tape their flag to a straw or pencil. On the left of the flag there is a line that shows where the flag should be attached to the straw. Carefully wrap it around the straw or pencil just enough so that the flag is secure.

1 Wasā'il al-Shi'ah


"Peace be upon Husain, the oppressed, the martyr"

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Renewing a Promise

OBJECTIVE:

Children will learn about the message of Arbaeen and why the caravan of Imam Husain (a) came back to Karbala on Arbaeen.

SUGGESTED AGES: 5+

TIME: 40 Minutes

MATERIALS:

- Cut-outs template
- Plain paper (can be white or colored)
- Colored pencils/crayons
- Scissors
- Glue

PROCEDURE:

1. **SAY:** Salaamun Alaikum! Last time we talked about the day of Arbaeen and the importance of remembering the shuhadah of Karbala on that day. So does anyone know why it is important to remember Imam Husain (a) on Arbaeen? (Wait for answers)

2. **SAY:** Good answers! Remembering Imam Husain (a) on Arbaeen, attending majaalis, and learning about Imam Husain (a) is a way of staying connected to him and the Ahlul Bayt (a). But there is something more than just remembering Imam Husain (a) on Arbaeen. After the events of Karbala, the remaining members of Imam Husain's (a) caravan, led by Imam Sajjad (a) and Hadhrat Zainab (a), returned to Karbala before going back to Madina. Why do you think they first came to Karbala before going home? (Wait for answers)

3. **SAY:** Good answers. Besides wanting to visit the graves of Imam Husain (a) and the shuhadah, Imam Sajjad (a) and Hadhrat Zainab (a) came back to do tajdeed, to renew their promise to Imam Husain (a): to spread Islam, of haq and truth, to the world. They did this to show that Imam Husain's (a) sacrifice was not in vain. Now every year on Arbaeen, we also renew our promise, to support haq and spread the truth. Today, we are going to make a project[1] to help remind us of Imam Husain's (a) message.

4. At this time, hand out the cut-outs template to the children. Have them color and decorate the pictures however they like. They can make the image of the person like themselves.

5. Then, they should carefully cut out all of the images.

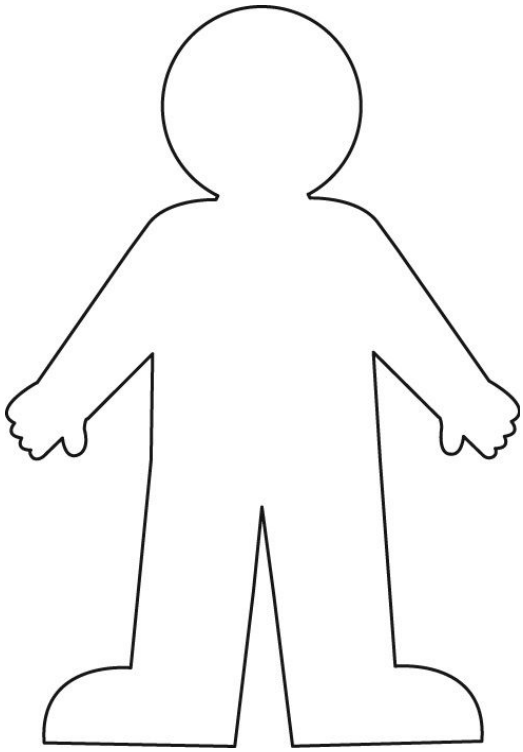
6. Next, give all of the children a plain sheet of paper. Have them fold it in half widthwise.

7. Then, help them carefully cut two slits in the middle, starting at the fold, about 1 inch long and 1 inch apart. Now when they open the fold, they can push that cut portion of the paper and fold it inwards. This should create a small pop-up.

8. Now the children can glue their cut out images on the paper. The image of the person should be glued on the side of the pop up that is facing forward; it should look like they are standing. The "Stand For The Truth!" can be glued at the top. The rest of the images can be put anywhere.

1 "Stand for the Truth" craft from Islam from the Start

STAND FOR THE TRUTH!



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Ziyarah of Imam Husain (a)

OBJECTIVE:

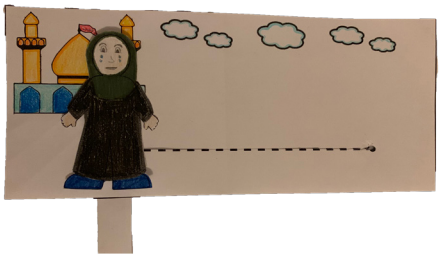
Children will learn about the Arbaeen walk to the shrine of Imam Husain (a) and the importance of going for the ziyaarah of Imam Husain (a) in Karbala.

SUGGESTED AGES: 5+

TIME: 40 Minutes

MATERIALS:

- Walking to Karbala template
- Crayons/colored pencils
- Scissors
- Glue
- *Optional*: Popsicle sticks



THEPROCEDURE:

1. **SAY:** Salaamun Alaikum! We have been talking about the day of Arbaeen. We've also talked about getting closer to Imam Husain (a). Who remembers what we can do to get closer to Imam Husain (a)? (Wait for answers)

2. **SAY:** Good answers. There are many ways we can get closer to Imam Husain (a). One way we can get closer to Imam Husain (a) is by visiting the shrines of Imam Husain (a) and the shuhada in Karbala on Arbaeen. Has anyone been to the shrine of Imam Husain (a) in Karbala? MashaAllah! Let's talk about how people visit the shrine of Imam Husain (a) on Arbaeen. Does anyone know how people can visit Karbala? (Wait for answers)

3. **SAY:** Good answers! Most people have to fly in a plane to get to Karbala, and some travel by bus or car. But did you know that around the time of Arbaeen, many people walk to the shrine of Imam Husain (a)? Yes, it is a very famous act people perform during the time of Arbaeen. Imam Jafar as-Sadiq (a) has said, "Whoever leaves his house aiming at visiting the grave of Husain ibn Ali (a) if he is on foot, Allah will write for him for every footstep a good deed and will erase an evil (for him) until he reaches the vicinity of the grave."[1] SubhanAllah! That means that for every step we take towards Imam Husain's (a) shrine, we are getting thawab, or reward, and erasing our sins! There is such a high reward because with every step, we are also remembering the message of Imam Husain (a), how he stood up for the truth and sacrificed everything. InshaAllah may we all have the tawfeeq and opportunity to walk to Imam Husain's (a) shrine and follow in his footsteps. Today, we are going to make a small project that will motivate us to visit the shrine of Imam Husain (a) in Karbala.

4. At this time, hand out the Walking to Karbala template. Have the children color and decorate the picture of the shrine. Then they can design and color the image of the person however they like.

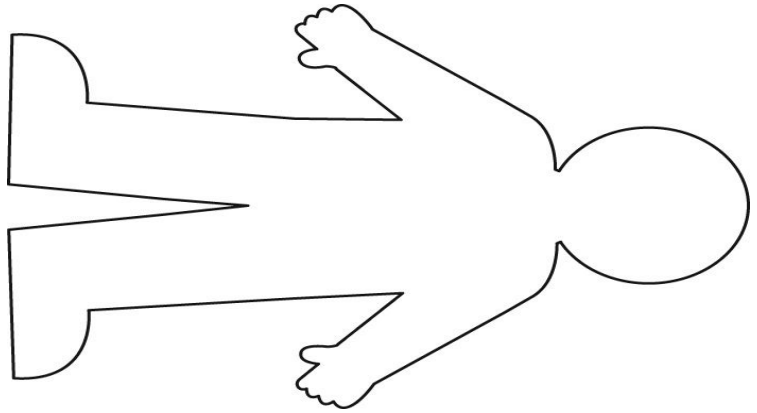
5. Next they will carefully cut out the picture of the person, the rectangle with the image of the shrine inside of it, and the smaller rectangle.

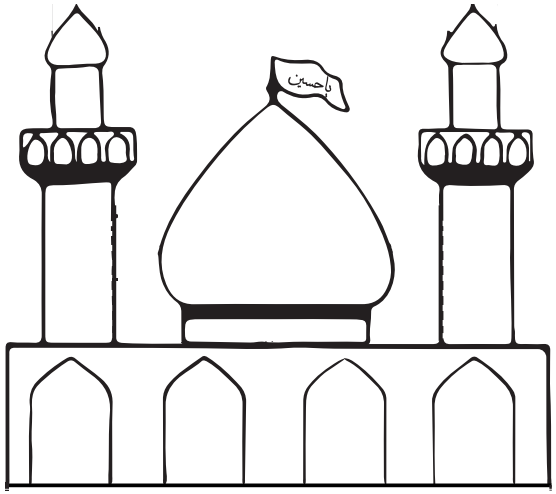
6. Then, help the children carefully cut the dotted line that runs along the bottom below the image of the shrine. This should create a slit in the paper. NOTE: do not cut all the way across.

7. At this time, have each child take the smaller rectangle and fold it in half along the line and glue it together. They will glue this to the back of the person (*optional*: can use a popsicle stick instead).

8. Now they can put the person through the slit of their paper and slide it across towards the shrine. It should look like they are walking to the shrine of Imam Husain (a).

1 Kāmil al-Zīyārat

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Hadith al-Thaqalayn

OBJECTIVE:

Children will learn about a special hadith of Prophet Muhammad (s) that talks about staying connected to the Quran and the Ahlul Bayt (a).

SUGGESTED AGES: 5+

TIME: 40 Minutes

MATERIALS:

- Paper chain template
- Crayons/colored pencils
- Scissors
- Tape/stapler

PROCEDURE:

1. **SAY:** As the month of Safar comes to an end, there are two of the Masoomeen we remember: Prophet Muhammad (s) and Imam Hasan (a). They both have the same shahadah date, the 28th of Safar. Today we will discuss our Noble Prophet (s). Can anyone tell me one thing they know about the Prophet (s)? (Wait for answers)

2. **SAY:** MashaAllah, very good! Let's learn one lesson from him. Once, the Prophet Muhammad (s) said, "I am leaving behind me two very weighty things for you: the book of Allah, the Quran, and my family, the Ahlul Bayt (a). So long as you will remain connected with them after I am gone, you will always be on the straight path. They will never be separated from one another until they come to me at the side of the pond of Kauthar in Paradise." This hadith became known as Hadith al-Thaqalayn, the hadith of the two weighty things. Earlier we talked about staying connected to Imam Husain (a). This hadith of Prophet Muhammad (s) talks about the same thing, this time mentioning to stay connected to both the Holy Quran and the Ahlul Bayt (a). What are some things we can do to stay connected to both? (Wait for answers)

3. **SAY:** Great ideas! We can regularly read the Quran and learn the lessons it has to tell us. Who better to help us learn what is written in the Holy Quran than the Ahlul Bayt (a)? They know what the stories and lessons in the Quran are teaching us. In fact, they don't only teach us the lessons, they are the living Quran. They are examples of the lessons, and they practice those lessons. That is why it is important to stay connected to both. Today we will make a chain to help make our connections stronger.

4. At this time, pass out the paper chain template. Have the children color and decorate all 5 pieces however they like. They can write "Prophet Muhammad (s)," "Holy Quran," and "Ahlul Bayt (a)" if they want.

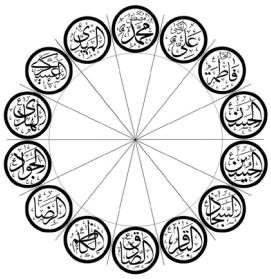
5. Then, they should carefully cut out each of the 5 pieces.

6. Now, help the children loosely fold the Prophet (s) piece into a circle and staple or tape it. It should now be a closed circle.

7. They should do the same for one of the blank pieces, but this time they will slide it through the Prophet (s) piece before stapling it. Then with the other blank piece, but the Prophet (s) piece should be in the middle.

8. Now they will do the same with the Quran piece and the Ahlul Bayt (a) piece, each one on either end of the chain.

Ahlul Bayt (a)



Prophet Muhammad (s)

Holy Quran

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A House in Paradise

OBJECTIVE:

Children will learn about a special hadith of Imam Hasan (a) that talks about the reward for loving the Ahlul Bayt (a).

SUGGESTED AGES: 5+

TIME: 45 Minutes

MATERIALS:

- House template
- Crayons/colored pencils
- Scissors
- Glue
- *Optional*: a small picture of the child

PROCEDURE:

1. **SAY:** Last time we talked about Prophet Muhammad (s). Does anyone remember whose shahadah is also on the 28th of Safar? (Wait for answers)
2. **SAY:** Imam Hasan (a), correct! He was the Noble Prophet's (s) first grandson, the son of Imam Ali (a) and Sayyidah Fatimah (a), and the brother of Imam Husain (a). Who can tell me something else about Imam Hasan (a)? (Wait for answers)
3. **SAY:** MashaAllah! Let's learn one hadith from Imam Hasan (a). Imam Hasan (a) once said, "He who loves us [Ahlul Bayt (a)] with his heart, and helps us with his hands and tongue, will be with us in Paradise at the same house."[1] Imagine, staying at the same house as the Ahlul Bayt (a) in Jannah! This hadith shows the level of significance loving the Ahlul Bayt (a) has. But just loving them isn't enough, we also have to show our love through our actions. What are some ways we can help the Ahlul Bayt (a) with our hands and tongue? (Wait for answers)
4. **SAY:** Great ideas! We can help those in need and speak kindly to everyone, among many things. Today we will make a house that we hope to stay in with Ahlul Bayt (a), inshaAllah.
5. At this time, pass out the House template. Have the children cut out the house all along the outer dashed edges.
6. Next help the children make some flaps of the door and on the roof. This will be done by cutting along the dashed lines in the middle of the door and along the top of the door, to make two flaps as if the door is opening and closing. The children should then cut along the dashed line that cuts half of the bottom line of the triangle.
7. Then the children should fold the template in half, at the line labeled A. This should line up the two sides of the house. Then they should fold at the lines labeled B and C. This will be like the "hinges" of the door that will open to reveal the square on the "inside" of the house. Then they should fold at the line labeled D on the roof. This will open to reveal the 14 Ma'soomeen (a) image on the "inside" of the house.
8. The children should now carefully glue the two sides together by applying glue along the right edge of the house and the left side of the roof.
9. Now the children can color and decorate the house however they like. They can draw a picture of themselves in the inside square (*optional*: they can glue a small picture of themselves instead).

1 Al-Amālī al-Mufīd, 4th assembly, h. 8

outside

B

C

A

D

inside

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